



DEPARTMENT OF THE ARMY
C COMPANY, 101ST FORWARD SUPPORT BATTALION
1ST BRIGADE, 1ST INFANTRY DIVISION (MECH)
FORT RILEY, KANSAS 66442

REPLY TO
ATTENTION OF

AFZN-BAG-C

16 Oct 2006

MEMORANDUM FOR RECORD

Subject: POI for Psychological Operations Training

1. **Reference:**

- FM 22-51, Leaders' Manual for Combat Stress Control
- FM- 8-55, Planning for Health Service Support

2. **Purpose:** Foster individual psychological resilience, improve the cohesion of the transition team, develop specific tools to prevent and manage combat operational stress, improve cultural adaptability, advisory and negotiation skills, and prevent combat stress casualties.

3. **Scope:** This POI applies to all transition team members beginning 25 Oct 06.

4. **Required Instructors:**

- Clinical Psychologist

5. **Training Objectives:** Over the course of two 60 minute classes (Team Resilience and Self-Assessment) each transition team member will develop tools to prevent and manage combat operational stress, conduct risk assessments specific to suicide/homicide, discuss treatment and evacuation planning to prevent combat stress casualties, and learn about their own strengths and weaknesses in regards to leadership, serving as an advisor and adjusting to cultural changes.

- Task: Self-Assessments (I-ADAPTability and Team Personality)
- Condition: Each transition team member asked to complete 2 on-line self-assessment instruments (approximately 20 minutes duration) during their initial SRP in preparation for Self-Assessment class (mid-cycle).
- Standards:
 - Transition team members to complete 2 on-line self-assessments (I-ADAPTability and Team Personality) and bring copy of feedback results to Self-Assessment Class.
 - Transition team member to receive an accurate baseline of his/her capabilities as an advisor (to include leadership motivation, problem

solving, stress tolerance, adaptability, creativity, cultural adjustment and resourcefulness) by comparing self-assessment feedback with team member's own perceptions of the individual skills across the above domains.

- Task: Each team to conduct a risk assessment and design an evacuation plan.
- Condition: Given 2 case examples whereby a team member experiences suicidal Thoughts, and exhibits physical signs of combat stress.
- Standard:
 - Completed Risk Assessment will include the following steps:
 - a) Identify 4 Main Contributing Factors of Battle Fatigue and 5 symptoms of Battle Fatigue (FM 22-51)
 - b) Inquire about current suicidal and/or homicidal thoughts
 - c) Assessment of Frequency, Intensity and Duration
 - d) Inquiry about current plan of action
- Standard:
 - Plan for Treatment and Evacuation
 - a) Identify and apply 5 Strategies for Treatment (BICEPS)
 - b) Understand and implement contributing factors (FM 22-51)
 - c) Establish efficient and effective communication of soldier's status to CASH

6. **Tasks to be trained:**

- Case Example 1 (Suicide/Homicide Risk assessment) Transition team member has a previous history of depression and reports a plan of action. (FM 22-51)
- Case Example 2 (Assess/ Treat Combat Stress) An individual exhibits depressed mood and shock for less than 48 hours to include loss of sleep, psychomotor agitation and flashbacks after witnessing death of interpreter. (FM 22-51)

7. **Location:** 1981 A Classroom

8. **Other:**

- Additional time (approximately 5 minutes) to be spent with collective group during initial SRP to describe the self-assessment instruments, discuss confidentiality and discuss my availability for consultation and questions.

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SUBJECT: Psychological Operations Training

- Team Resilience Class focuses on the prevention and management of stress, and would therefore be more effective if held in the beginning to middle of training. More specifically, the class focuses on managing symptoms which may develop during the course of their transition team training as they begin to become more aware of the unique requirements of this mission (functioning independently as a team in a less structured and more ambiguous environment).

9. **Required Training Materials:**

- Proxima for both classes (Team Resilience & Self-Assessment)
- Internet Access and printer for each transition team

10. POC for this memorandum is the undersigned at 239-8838

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